

NAVIGATING GRIEF

BEREAVEMENT SUPPORT GROUPS

AUGUST - NOVEMBER 2025

BEREAVEMENT GROUPS

Recurring support groups aimed at providing community for those on a journey through grief toward healing.

LOSS OF SPOUSE OR PARTNER

For those who have experienced loss within the last 13 months.

EVERY OTHER MONDAY OR EVERY OTHER WEDNESDAY

11:00 a.m. - 12:00 p.m.

August 11, 25

September 8, 22

October 6, 20

November 3, 17

11:00 a.m. - 12:00 p.m.

August 13, 27

September 10, 24

October 8, 22

November 5, 19

LOSS OF PARENT OR FAMILY MEMBER

For those who have experienced loss within the last 13 months.

EVERY OTHER WEDNESDAY

7:00 p.m. - 8:00 p.m.

August 13, 27

September 10, 24

October 8, 22

November 5, 19

REBUILDING OUR LIVES

For those who are in the second year of their grief journey and are focused on walking back into life.

TUESDAYS, MONTHLY

7:00 p.m. - 8:00 p.m.

August 5 September 2 October 7 November 4

TEACUP LADIES SOUTH

A relaxing time for widows to be strengthened through connection and relationship. Tea and treats provided.

WEDNESDAYS, MONTHLY

2:00 p.m. - 3:30 p.m.

July 30 August 20 September 17 October 15 November 19

CAREGIVER SUPPORT

For current caregivers.

TUESDAYS, MONTHLY

11:00 a.m. - 12:00 p.m.

August 5 September 2 October 7 November 4



GRIEFSHARE

A Christ-centered support group for people who have lost a spouse, child, family member, or friend. \$20 workbook fee.

THURSDAYS, WEEKLY (13 SESSIONS)

10:00 a.m. - 11:30 a.m.

August 28

September 4, 11, 18, 25

October 2, 9, 16, 23, 30

November 6, 13, 20

WALKING THROUGH GRIEF

An intentional walking group for anyone on a journey through grief toward healing.

EVERY OTHER FRIDAY

9:00 a.m. - 10:00 a.m.

August 8, 22

September 5, 19

Douglas Walker Park
1195 84th St.

Byron Center, MI 49315

SELF-CARE WORKSHOPS

Monthly educational workshops offering integrative approaches to self-care.

AUGUST: ECHOES OF THE HEART

Navigating grief through music, connection, and shared expression.

Tuesday, August 12, 11:00 a.m. - 12:00 p.m.

SEPTEMBER: AN ARTFUL GRIEF JOURNEY

Processing grief through creative expression and community.

Tuesday, September 9, 11:00 a.m. - 12:00 p.m.

OCTOBER: YOGA FOR THE BEREAVED

Moving through grief with gentle poses and breathwork. Bring your own mat.

Tuesday, October 14, 11:00 a.m. - 12:00 p.m.



BEREAVEMENT SUPPORT GROUPS MEET AT
VAN ANDEL HOPE AND HEALING PAVILION
8214 Pfeiffer Farms Dr. SW
Byron Center, MI 49315



REGISTRATION REQUIRED
FOR ALL GROUPS.
Please call 616-356-4825
to register.