

# NAVIGATING GRIEF

## BEREAVEMENT SUPPORT GROUPS

### MAY - JUNE 2025

#### LOSS OF SPOUSE OR PARTNER

For those who have experienced loss within the last 13 months.

##### EVERY OTHER MONDAY

11:00 a.m. - 12:00 p.m. or

7:00 p.m. - 8:00 p.m.

May 12 (No group May 26  
due to holiday)

June 2, 16

##### EVERY OTHER WEDNESDAY

11:00 a.m. - 12:00 p.m.

May 14 (No group May 28  
due to holiday)

June 4, 18

#### LOSS OF PARENT OR FAMILY MEMBER

For those who have experienced loss within the last 13 months.

##### EVERY OTHER WEDNESDAY

7:00 p.m. - 8:00 p.m.

May 14, 28    June 11, 25

#### REBUILDING OUR LIVES

For those who are in the second year of their grief journey  
and are focused on walking back into life.

##### TUESDAYS, MONTHLY

7:00 p.m. - 8:00 p.m.

May 6    June 3

#### GRIEF SHARE

A Christ-centered support group for people who have lost a  
spouse, child, family member, or friend. \$20 workbook fee.

##### THURSDAYS, WEEKLY

10:00 a.m. - 11:30 a.m.

May 1, 8, 15, 22, 29    June 5

#### TEACUP LADIES SOUTH

A relaxing time for widows to be strengthened through  
connection and relationship. Tea and treats provided.

##### WEDNESDAYS, MONTHLY

2:00 p.m. - 3:30 p.m.

May 21    June 25    July 23



#### AN ARTFUL GRIEF JOURNEY

An opportunity to process grief through creative  
expression and community.

##### TUESDAYS, WEEKLY

2:30 p.m. - 4:00 p.m.

May 6, 13, 20, 27    June 3, 10, 17, 24

#### ECHOES OF THE HEART

An opportunity to navigate grief through music,  
connection, and shared expression.

##### WEDNESDAYS

3:00 pm - 4:00 pm

May 14, 28    June 11, 18

#### CAREGIVER SUPPORT

For current caregivers.

##### TUESDAYS, MONTHLY

11:00 a.m. - 12:00 p.m.

May 6    June 3

#### WALKING THROUGH GRIEF

An intentional walking group for anyone on a  
journey through grief toward healing.

##### EVERY OTHER FRIDAY

9:00 a.m. - 10:00 a.m.

May 9, 23    June 6, 20

July 11, 25

Douglas Walker Park  
1195 84th St.

Byron Center, MI 49315

#### BEREAVEMENT WORKSHOPS

Open to the community.

##### MAY: THE OTHER HALMARK HOLIDAYS

Tuesday, May 13, 11:00 a.m. - 12:00 p.m.

##### JUNE: GENTLE MOVEMENT FOR THE BEREAVED

Tuesday, June 10, 11:00 a.m. - 12:00 p.m.



BEREAVEMENT SUPPORT GROUPS MEET AT  
VAN ANDEL HOPE AND HEALING PAVILION

8214 Pfeiffer Farms Dr. SW  
Byron Center, MI 49315



REGISTRATION REQUIRED  
FOR ALL GROUPS.

Please call 616-356-4825  
to register.