

# NAVIGATING GRIEF

## BEREAVEMENT SUPPORT GROUPS

### APRIL - JUNE 2025

#### LOSS OF SPOUSE OR PARTNER

For those who have experienced loss within the last 13 months.

##### EVERY OTHER MONDAY

11:00 a.m. - 12:00 p.m. or  
7:00 p.m. - 8:00 p.m.

April 14, 28

May 12 (No group May 26  
due to holiday)

June 2, 16

##### EVERY OTHER WEDNESDAY

11:00 a.m. - 12:00 p.m.

April 2, 16, 30

May 14 (No group May 28  
due to holiday)

June 4, 18

#### LOSS OF PARENT OR FAMILY MEMBER

For those who have experienced loss within the last 13 months.

##### EVERY OTHER WEDNESDAY

7:00 p.m. - 8:00 p.m.

April 2, 16, 30    May 14, 28    June 11, 25

#### REBUILDING OUR LIVES

For those who are in the second year of their grief journey and are focused on walking back into life.

##### TUESDAYS, MONTHLY

7:00 p.m. - 8:00 p.m.

April 1    May 6    June 3

#### GRIEF SHARE

A Christ-centered support group for people who have lost a spouse, child, family member, or friend. \$20 workbook fee.

##### THURSDAYS, WEEKLY (13 SESSIONS)

10:00 a.m. - 11:30 a.m.

March 6, 13, 20, 27    April 3, 10, 17, 24    May 1, 8, 15, 22, 29

#### TEACUP LADIES SOUTH

A relaxing time for widows to be strengthened through connection and relationship. Tea and treats provided.

##### WEDNESDAYS, MONTHLY

2:00 p.m. - 3:30 p.m.

April 23    May 28    June 25



#### AN ARTFUL GRIEF JOURNEY

An opportunity to process grief through creative expression and community.

##### TUESDAYS, WEEKLY

2:30 p.m. - 4:00 p.m.

April 1, 8, 15, 22, 29    May 6, 13, 20, 27    June 3, 10, 17, 24

#### ECHOES OF THE HEART

An opportunity to navigate grief through music, connection, and shared expression.

##### EVERY OTHER THURSDAY

3:00 pm - 4:00 pm

April 10, 24    May 8, 22    June 5, 19

#### CAREGIVER SUPPORT

For current caregivers.

##### TUESDAYS, MONTHLY

11:00 a.m. - 12:00 p.m.

April 1    May 6    June 3

#### WALKING THROUGH GRIEF

An intentional walking group for anyone on a journey through grief toward healing.

##### EVERY OTHER FRIDAY

9:00 a.m. - 10:00 a.m.

May 9, 23    June 6, 20

Douglas Walker Park

1195 84th St.

Byron Center, MI 49315

#### BEREAVEMENT WORKSHOPS

Open to the community.

##### APRIL: FORGIVENESS AND GRIEF

Tuesday, April 8, 11:00 am - 12:00 pm

##### MAY: THE OTHER HALMARK HOLIDAYS

Tuesday, May 13, 11:00 a.m. - 12:00 p.m.

##### JUNE: GENTLE MOVEMENT FOR THE BEREAVED

Tuesday, June 10, 11:00 a.m. - 12:00 p.m.



BEREAVEMENT SUPPORT GROUPS MEET AT  
VAN ANDEL HOPE AND HEALING PAVILION

8214 Pfeiffer Farms Dr. SW  
Byron Center, MI 49315



REGISTRATION REQUIRED  
FOR ALL GROUPS.

Please call 616-356-4825  
to register.