

CHILDREN'S SERVICES

Children's in-person grief support
by appointment.

Jenny Gruppen (LBSW) 616-401-5221

Lindsay Timmerman (LLPC): 616-202-8889

INDIVIDUAL GRIEF SERVICES

Individual grief support by appointment.
616-235-5122

8214 Pfeiffer Farms Dr. SW
Byron Center, MI 49315

We offer support groups and limited in-person grief support regarding death and dying. Anyone with specific mental health needs must be actively involved with a primary mental health provider to participate. We provide information and referrals to resources within and beyond the Grand Rapids community for needs beyond the scope of grief care.

SERVICE OF REMEMBRANCE BUTTERFLY RELEASE

This event provides our families the opportunity to come together as a group to commemorate the lives of loved ones.

Tuesday, June 11, 2024, 7 p.m.
Frontline Bible Church
8283 Pfeiffer Farms Dr. SW
Byron Center, MI 49319



WORKSHOPS

WORKSHOPS MEET AT:

Van Andel Hope and Healing Pavillion
8214 Pfeiffer Farms Dr. SW
Byron Center, MI 49315

GRIEF 101: **Tuesday,**
AN INTRODUCTION TO GRIEF January 16, 11 a.m.

CAREGIVER **Tuesday,**
COMPASSION FATIGUE: February 20, 11 a.m.
HOW TO RECOGNIZE
AND ADDRESS IT

COOKING FOR ONE: **Monday,**
A TWO-PART WORKSHOP March 11, 1 p.m.
March 18, 1 p.m.

FORGIVENESS & GRIEF: **Tuesday,**
HOW TO FORGIVE April 16, 11 a.m.
WHEN YOU CANNOT
FORGET

CHILDREN & GRIEF: **Tuesday,**
TIPS FOR PROCESSING May 21, 11 a.m.
LOSS WITH YOUNG
GRIEVERS

ANTICIPATORY GRIEF: **Tuesday,**
HOW TO RECOGNIZE June 18, 11 a.m.
AND ADDRESS IT

BEREAVEMENT

BEREAVEMENT SUPPORT GROUPS

**WINTER - SPRING
2024**





SUPPORT GROUPS

Groups meet at:

Van Andel Hope and Healing Pavilion

8214 Pfeiffer Farms Dr. SW

Byron Center, MI 49315

Use lower-level entrance.

LOSS OF SPOUSE/PARTNER

For those who have experienced a loss within the last 13 months.

When: Mondays, bi-weekly

January 8 & 22
February 5 & 19
March 4 & 18
April 1 & 15, & 29
May 13 & 27
June 10 & 24

Times: 11 a.m. - 12 p.m.
7 p.m. - 8 p.m.

When: Wednesdays, bi-weekly

January 10 & 24
February 7 & 21
March 6 & 20
April 3 & 17
May 1, 15, & 29
June 12 & 26

Times: 11 a.m. - 12 p.m.

LOSS OF PARENT/FAMILY MEMBER

For those who have experienced a loss within the last 13 months.

When: Wednesdays, bi-weekly

January 10 & 24
February 7 & 21
March 6 & 20
April 3 & 17
May 1, 15, & 29
June 12 & 26

Time: 7 p.m. - 8 p.m.

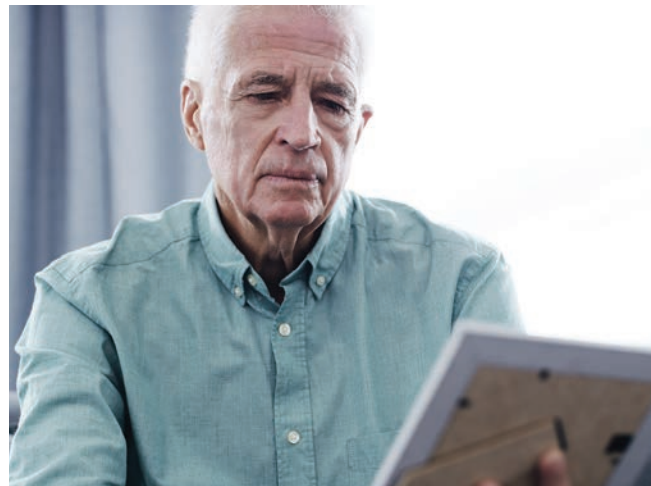
REBUILDING OUR LIVES

An ongoing support group for those who are 13 months and beyond in their grief journey and are focused on walking back into life.

When: First Tuesday of each month

January 2
February 6
March 5
April 2
May 7
June 4

Time: 11 a.m. - 12 p.m.



WALKING THROUGH GRIEF

A casual walking group open to the community.

When: First Friday of each month, May - Oct

May 3
June 7
July 12 (second Friday due to holiday)
August 2
September 6
October 4

Where: Brewer Park
399 84th St SE,
Byron Center, MI 49315

Time: 9 a.m. - 10 a.m.

CAREGIVER SUPPORT

For current caregivers.

When: Tuesdays

January 9
February 13
March
12 April 9
May 14
June 11

Time: 11 a.m. - 12 p.m.

**REGISTRATION REQUIRED FOR ALL GROUPS.
SPACE MAY BE LIMITED.**

GROUPS SUBJECT TO CHANGE

Please call 616-235-5122 to register.

“When a person is born, we celebrate;
when they marry, we jubilate; but when
they die, we act as if nothing happened.”

– Margaret Mead