

If the pain and troublesome symptoms of a life-limiting illness are keeping you from enjoying life, palliative care can help. Palliative care brings the relief and comfort you need in order to live each day to the fullest.

## **OUR MISSION**

In fulfilling God's calling to serve others, we will:

Serve with love and compassion.

Commit to excellence.

Follow Christ's teachings and example in all we do.

Holland Home complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Holland Home cumple con las leyes federales de derechos civiles aplicables y no discrimina por motivos de raza, color, nacionalidad, edad, discapacidad o sexo.

Holland Home pridržava se važećih saveznih zakona o građanskim pravima i ne pravi diskriminaciju po osnovu rase, boje kože, nacionalnog porijekla, godina starosti, invaliditeta ili pola.

وأ قرعلا ساساً يلع زيمي الو اهب لومعملا قيلاردفلا قيندملا قوقحلا نيناوقب سنجلا وأ ققاع إلا وأنسلا وأينطولا لصألا مزتاي Holland Home وأنوللا

قدعاسم لا تامدخ زاف ،ةغللا ركذا ثدحتت تنك اذا :قطوح لم 310-656-650-1-800 معالما تامدخ زاف ،قغللا وميلا فتاه 1 مقرب لوستا .زاجم للاب كار فاوتت قوغللا



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For more information call 616.235.5101 Referral Fax: 616.949.9020





BRINGING RELIEF AND COMFORT WHEN IT'S NEEDED MOST.

HollandHome.org



# WHAT IS PALLIATIVE CARE?

Palliative care is special care designed to make you more comfortable even while you pursue curative treatment for your disease. Our medical team can help reduce the uncomfortable symptoms you may be experiencing as well as any side effects of treatment such as pain, nausea, breathlessness, anxiety, depression, fatigue and weakness.

Dealing with the challenges faced during a serious illness is not easy. Our palliative care team is committed to providing support to you as well as your family. Patients of any age and at any stage of an advanced illness are candidates for palliative care.

Unlike hospice care, palliative care does not have any limitations regarding life expectancy, nor are you required to give up curative care.

### Where can I receive care?

Palliative care can be provided where you are - whether that is in the hospital, an assisted living or skilled nursing facility, one of our clinics, or in some cases, your own home.

## Who Might Be a Candidate?

Anyone with a life-limiting condition may benefit from palliative care including, but not limited to, cancer, Amyotrophic Lateral Sclerosis (ALS), cardiovascular disease, lung disease, kidney disease, dementia, stroke and coma.

#### Our Team

Our physicians and nurse practitioners are experienced in the specialized field of palliative care—providing comfort care to those with a life limiting illness. Our physicians, nurse practitioners, and home health team focus on all your needs—emotional and psychological as well as physical. We can help you and your family better understand and cope with your condition. We can also help guide you through our often complex and confusing medical system.

## Physician Team

Our team of physicians and nurse practitioners can:

- Control your day-to-day pain and any distress caused by your illness
- Help in planning your discharge from the hospital
- Communicate with your family and loved ones about your condition and plans for the future
- Support your primary care physician's treatment plan

#### Home Health Team

Our home health nurses and therapists work in conjunction with your physician, or a palliative care specialist physician, and can provide:

- Management of your symptoms
- Care of special drains, catheters and intravenous infusions if these are part of your treatment
- Physical therapy treatments to manage pain and discomfort including heat, ultrasound and positioning for increased comfort
- Other non-pharmacologic treatments which may help manage your symptoms
- Education for you, your family and your caregiver about your condition and your treatment